

Comprehensive Wellness Testimonials



- ★ I enjoy being able to speak with your Registered Nurse about my progress with Diabetes and my frustrations.*
- ★ I have had the "sugar" for 10 years, my Dad had it and my son has it. I like having a nurse available to me so that I am able to call her if I have questions regarding my health. Her name and number is taped to my refrigerator. It's a good benefit to have.*
- ★ I have spoken to the wellness nurse a number of times, she keeps me on track regarding my diabetes and also suggested I have a colonoscopy which I did and they removed a few polyps. I am glad to have this service.*
- ★ This is a good program. It's nice that the nurse calls to see how I am doing. She answered some good questions for me. I am now retired and I was a welder. Having my health insurance and being able to speak with a nurse is a good benefit for retirees.*
- ★ I am a Registered Nurse and I have been receiving reminders from your program. I am certain most health care workers receive these types of messages and just set them aside just as I did. Your nurse called me and left a message to please return her call and reluctantly I did...she spoke with me for a few minutes and I literally spilled my guts to her regarding everything currently going on in my life. I loved being able to talk to her. I discussed that as a nurse I take care of everyone else but myself, we talked that having a diagnosis of diabetes can be frightening to anyone but as a health care worker knowing the co-morbidities of the disease can set you right over the edge. She put my mind at ease; I know I can call her anytime and I thank you for this benefit. I will be calling and checking in with her from time to time, that is certain.*
- ★ The wellness nurse has been in touch with me regarding various recommendations for my health over the past few years and guided me through the maze of assisting me in finding doctors that were covered by my insurance to take care of my health. I appreciate her efforts.*
- ★ This program is valuable and the nurse was helpful. I can understand the importance of following up with my diabetes.*



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- * I was sitting out in my truck waiting for a downpour to pass when I received a phone call from the nurse. I do get reminders about getting my blood work completed for my Diabetes and the phone call was a nice extra touch that I never realized was part of the program. It was great speaking with her and its good to know I can call if I run into any problems.*
- * I was always considered pre-diabetic until I had a terrible health scare in June. I was placed on steroids and within a few days of being on the medication I had to be taken to the hospital and spent a number of days there for Diabetes. I never knew I had Diabetes until this happened. I have to check my blood sugar three times a day, I am watching what I eat This whole new lifestyle that I have is scary and terrible. Today I spoke to a Registered Nurse and I cannot begin to tell you how much information she gave me over the phone. She gave me some websites and I have her phone number where she can be reached. I feel much better prepared. Thank you for this service*
- * I went for a pap test when I received a letter and as I arrived at my doctors the receptionist informed me that my insurance only covered my pap every three years. I told her I would reschedule. I called the CCM nurse and she told me about the changes with the guidelines but she emphatically told me to call the number on the back of my insurance card. I did and checked on the coverage and I returned for my pap at my doctor's office. I was very glad that I had her name and phone number in order to contact someone regarding my health needs and that she was very knowledgeable. Thank you for this service.*
- * I have been receiving letters from the nurse, I work construction and my body is just not what it used to be. I never had an eye exam like your nurse recommended and she told me why it is important for a diabetic and someone who has had open heart surgery. It is great that she called and spoke with me and I will schedule an eye exam. Thank you for this program.*
- * I cannot believe that there is a insurance company and a person that actually cares. My daughter was diagnosed with diabetes when she was 17 yrs. old. She hates this disease and a nurse called us. The letters we receive are not form letters they actually are informative and tell us what tests she is missing and then the nurse called and when we thought no one cared and we were just a family who has a child with Type I Diabetes she reached out to us and listened to us and understood our concerns and fears and she gets what this disease can do and she is so knowledgeable. This is such a great program and we needed her call today. Thank you.*
- * I visit my doctor every three months and receive regular testing so between the reminders and the doctor, my Diabetes is in check. I have also had a colonoscopy. This is a good program.*



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